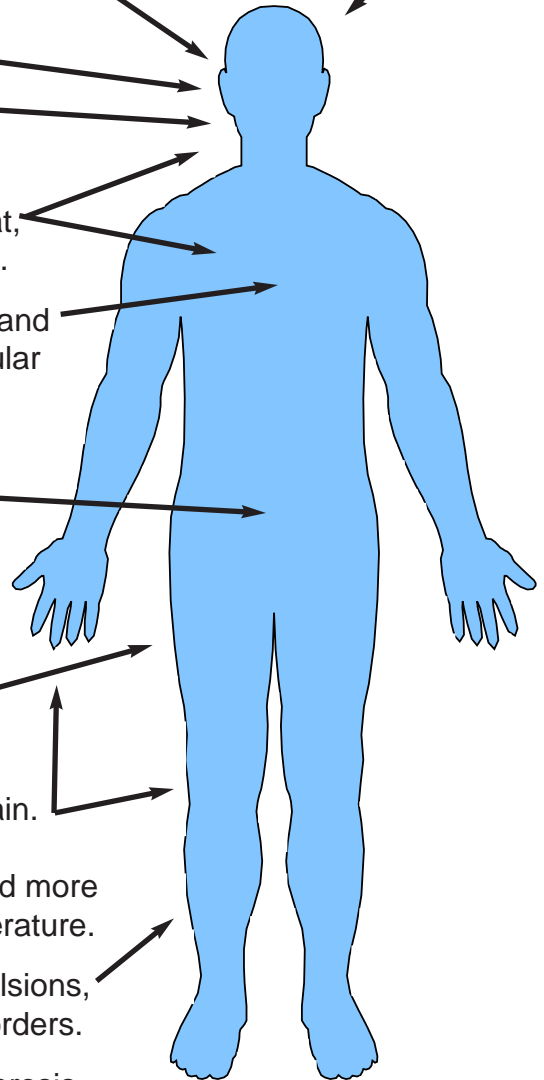


SUMMARY MEDICAL EFFECTS OF RESINOUS **CANNABIS HEMP** (MARIJUANA*).

BASED ON THE BOOK *HEMP FOR HEALTH*, BY CHRIS CONRAD (Inner Traditions. ISBN 0-8928153-9-5).

1. The **brain** absorbs THC through unique receptor sites that affect body systems, triggering a chain of temporary psychological and physiological effects. Initially it has a stimulant effect, followed by relaxation and overall reduction in stress. May cause drowsiness or anxiety. Analgesic (pain lowering) effect. Blocks migraine or seizures. Enhances sense of well-being.
2. Cannabis reddens and dehydrates the **eyes**, lowering intra ocular pressure.
3. Stills ringing in **ears** (tinnitus).
4. Dehydrates **mouth**, stimulates appetite, enhances culinary experience.
5. Smoke has anti-phlegmatic and expectorant effect, clearing **throat** and **lungs**. Also irritates the mouth, throat, and respiratory system, but precautions can mitigate this.
6. Accelerates **heartbeat** and pulse. Dilates bronchia and blood vessels. When smoked, the lungs and cardiovascular system add cannabinoids to blood flowing directly to the brain — an extremely fast and effective delivery system.
7. Calms **stomach**. Stimulates appetite. Settles gastrointestinal tract. Reduces nausea (antiemetic) and vomiting. Helps motion sickness and soothes various side effects of radiation and chemotherapy.
8. Little or no effect on **reproductive** system. No proven mutagenic effect. Traditionally used as an aphrodisiac and to overcome impotence.
9. Soothes **joints**. Overall analgesic effect reduces pain. Anti-inflammatory, helps arthritis and rheumatism when taken orally or applied topically. Vasodilation carries blood more quickly from the extremities, lowering overall body temperature.
10. Relaxes **muscles**. Reduces muscle cramps, convulsions, spasms, ataxia and other neurological or movement disorders.
11. Helps mitigate or **control** symptoms of multiple sclerosis (MS), spinal injury, epilepsy.
12. The body's **fatty tissues** collect inert cannabinoids for disposal.



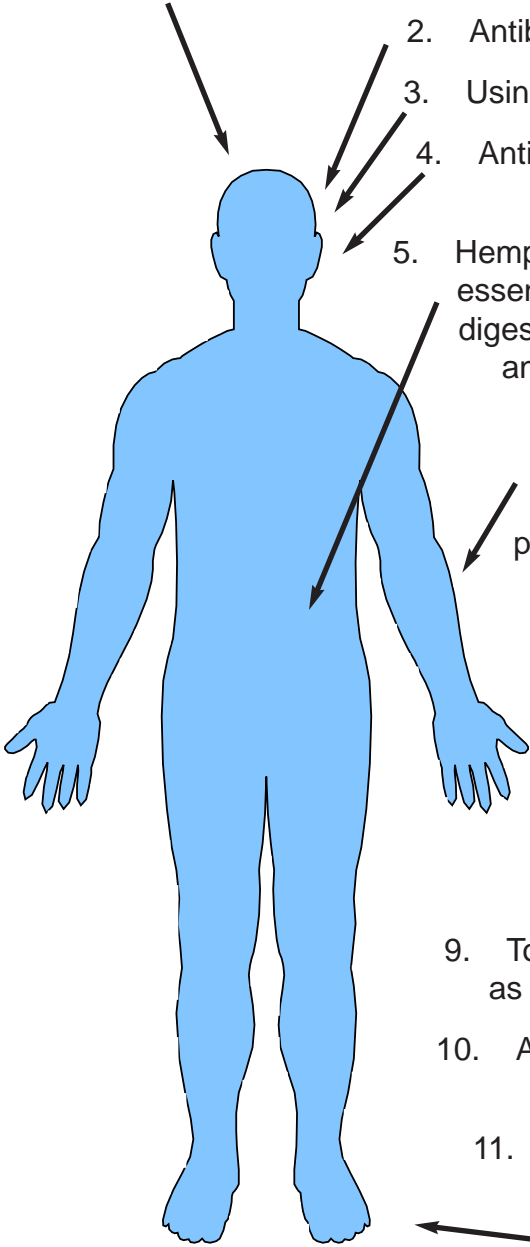
THERAPEUTIC USES: Cannabis resin and its derivatives have been used in the treatment of many health conditions, or to control their symptoms and the side effects of other drugs. Among these conditions are: anorexia, arthritis, asthma, AIDS, cancer, cramps, depression, epilepsy, glaucoma, insomnia, MS, PMS, migraine, pain control, sickle cell anemia, spinal injury, stress, wasting syndrome, etc. It can be a relatively safe and functional alternative to prescribed pharmaceuticals, such as Demoral, Valium, morphine, etc.

Presented by the **FAMILY COUNCIL ON DRUG AWARENESS** • PO Box 1716, El Cerrito CA 94530, USA

* Not all marijuana has the same potency or the same medical properties. Consult with a physician. Legal penalties may apply to its use.

OVERALL MEDICAL BENEFITS OF CONSUMING HEMPSEED OR USING TOPICAL APPLICATIONS OF **CANNABIS HEMP** AND ITS EXTRACTS*

BASED ON THE BOOK *HEMP FOR HEALTH*, BY CHRIS CONRAD (Inner Traditions. ISBN 0-8928153-9-5).

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1. Washing hair with hempseed oil shampoos conditions and benefits the **hair** and **scalp**.
 2. Antibiotic cannabis flower extracts clean and disinfect the **ears**.
 3. Using THC **eye** drops reduces pressure from intra ocular fluids.
 4. Anti-viral THC extracts applied topically to lesions can halt oral and genital **herpes** outbreaks.
 5. Hemp seed is a nutritious addition to the human **diet**, combining essential proteins and EFAs. It lowers cholesterol, lubricates the digestive tract and eases constipation. Edistin helps in digestion and facilitates assimilation of nutrients. Available as seeds or capsules of extracted EFAs.
 6. Cannabis foliage, rich in THC or CBD, eases pain and inflammation of arthritis in **joints** when used topically as a poultice, herbal pack, or direct wrapping of leaves soaked in alcohol around swollen and painful joints.
- ### MORE GENERAL HEALTH APPLICATIONS
7. Personal **hygiene** and cleanliness: Hemp-based cleaning agents are used in soaps, shampoos, laundry detergent, and other cleaning products.
 8. **Skin care**: Seed oil soothes and moisturizes the skin. Used in lotions and cosmetics to condition skin.
 9. Topical treatment of **injuries** and abrasions. Seed oil is used as emollient for preparation of salves, including herbal salves.
 10. Antibacterial and **analgesic** effects as a topical disinfectant, anti-inflammatory, pain control, and healing agent.
 11. Treating **burns**: Decoction of hemp root has been recommended for burns, both as disinfectant and pain relief.
 12. Corn plasters for **feet**.
 13. Hemp fiber for **bandaging** materials, slings, pads, misc. medical supplies.

A number of high-quality hemp seed products are now available on the market.

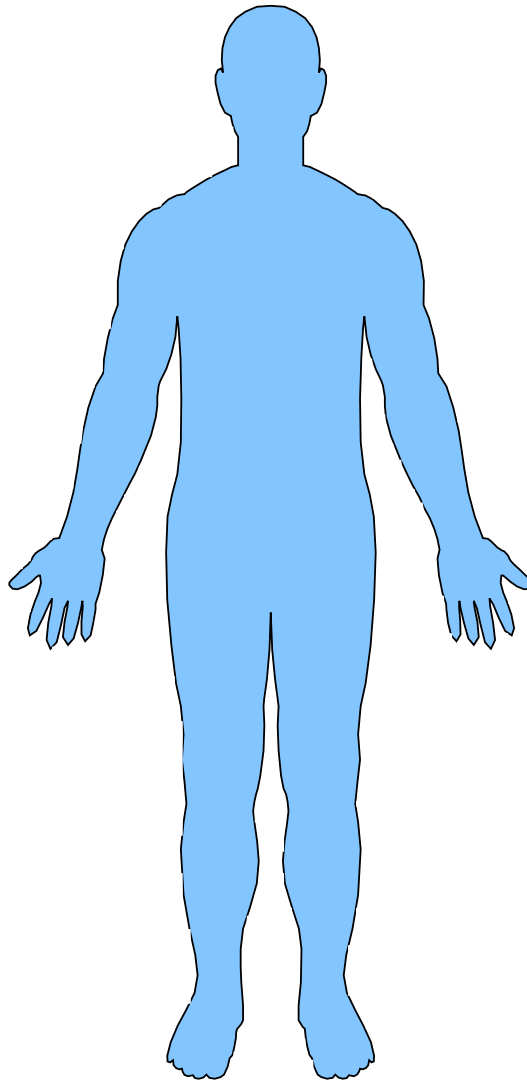
Internal delivery systems for cannabinoids, such as smoking, eating, tinctures, capsules, eye drops, tablets, nasal sprays, aerosols, creams, topical ointments, suppositories, and transdermal patches, exist or are in development, but are not legally available. Several such cannabinoid delivery systems have already been patented, primarily for use with THC.

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Keep Notes on Your Own Response to Hemp Drugs

Use this handy chart to make notes on what symptoms you are using cannabis to treat, the dosage, frequency and means of delivery, and any benefits or side effects experienced. If you use medical marijuana and wish to participate in the MAPS Cannabis Patient Registry and single patient study program. Forms in back of this book.



Name _____

Date: _____

Condition being treated: _____

Means of delivery or application: _____
